

Eggs, Shell Medium-Large

Nutrition Facts

12 servings per container

Serving size 1 Egg (50g)

Amount Per Serving

Calories 70

% Daily Value*

Total Fat 5g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 210mg	70%
Sodium 70mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 6g	

Vitamin D 1mcg	4%
Calcium 30mg	2%
Iron 1mg	6%
Potassium 70mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: EGG

CONTAINS: EGG

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(CALPIA)
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HB 8/12/25